

# Digital Citizenship Tip of the Month

## 10 Internet Safety Tips for Parents (How to Help Your Child Be Safe Online)

Digital citizenship education should be a community effort, and the impact can be more powerful when students have multiple trusted adults they can discuss issues with. One issue that's becoming increasingly important both in and out of the classroom revolves around the following question, "How do we keep children and young people safe online while ensuring their technology use is positive and purposeful?"

With Parent/Teacher conferences fast approaching we thought it would be a good time to share with you this post, [10 Internet Safety Tips for Parents \(How to Help Your Child to be Safe Online\)](#). This post offers 10 tips for parents looking to help their child navigate their digital lives. There's even a poster to distribute to parents or display on your school website.



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# 10 INTERNET SAFETY TIPS FOR PARENTS

**1** Don't block all access to technology. Help your child learn to use tech **safely** and **positively**.

**2** Take an **interest** in your child's favourite apps or sites. Co-view or co-create at times.

**3** Be the parent. You're in charge. Set **boundaries** and consider using filtering software.

**4** Create a family media **agreement** with tech free zones such as cars, bedrooms, and meals.

**5** Teach your child what **personal information** they should not reveal online (YAPPY acronym).

**6** Help your child learn to **filter** information online and navigate fact from fiction.

**7** Navigate digital **dilemmas** with your child. Avoid using devices as rewards or punishments.

**8** **Balance** green time and screen time at home. Focus on basic developmental needs.

**9** Don't support your child to sign up for sites with **age restrictions** (e.g. 13+) if they're underage.

**10** **Learn more:** Explore reliable resources for parents so you can educate yourself.